# **Holland Adinoff**

## **EDUCATION**

#### **Harvard Graduate School of Education**

Masters of Education in Prevention Science and Practice

Certificate of Advanced Study in Counseling

Massachusetts School Adjustment Counselor/ School Social Worker License

University of Colorado at Boulder

2012- 2013

2013- 2014

2014-Present

2007- 2011

B.A., Psychology; Ecology and Evolutionary Biology (double major)

### PROFESSIONAL EXPERIENCE

Zone Facilitator Fall 2014-Present

Boston Scholar Athletes in Boston Latin Academy

- Counseled, mentored, and tutored high school students during study halls and after school
- Collaborated with school administrators, teachers, and students to accomplish goals, form post-secondary plans, and manage crisis
- Collected student and school data on SalesForce and used data to inform best practices

Guidance Counselor May 2014-June 2014

Lincoln-Hancock Community Elementary School

- Counseled 5 students individually, conducted friendship group counseling sessions, and led classroom lessons for 2nd graders on safe behavior
- Participated in Student Support Team meetings and Individual Education Plan meetings

## **Adjustment Counselor Intern**

Fall 2013-Spring 2014

Gain Opportunities Acquire Learning Skills (GOALS) alternative middle and high school

- Conducted individual counseling with students, ages 11-20, with behavioral challenges
- Facilitated anger management, social skills, and positive relationship group counseling sessions for students with behavioral issues, anxiety disorders, and development delays

## **Head of the Sports and Swim Department**

Summer 2013

Appel Farm Arts and Music Camp

- Promoted sports based youth development for kids, ages 5 to 17, through team sports
- Supervised 8 staff, led department trainings and meetings, managed a budget, lead field trips, fulfilled administrative duties, and supported children with social and emotional challenges

## **Adjustment Counselor Intern**

Fall 2012-Spring 2013

Responsive Advocacy for Life and Learning in Youth (RALLY) in Dearborn Middle School

• Conducted individual counseling, co-facilitated group counseling focused on physical activity and girls' relationships, ran girls lunch groups, and assisted teachers in classroom interventions

# **Youth Development Mentor and Events Manager**

Fall 2011- Summer 2012

Play Rugby USA and Coach Across America

- Physically and mentally developed youth, ages 5 to 18, through rugby-related activities
- Completed administrative duties and organized tournaments with up to 700 youth and 75 volunteers

#### LEADERSHIP EXPERIENCE

Committee member, Boston Scholar Athletes Theory of Change Committee
Board member, HGSE Prevention Science and Practice Alumni Board
Educational campaign leader, Harvard Students Demand Respect
HGSE representative, Harvard Student Gender Equity Leadership Initiative
Board member, Harvard's Girls' Education Initiative Club
President, University of Colorado at Boulder Women's Rugby Team

Spring 2015-Present
September 2013-May 2014
Fall 2012-Spring 2014
September 2010-May 2011