

# Oklahoma Department of Mental Health and Substance Abuse Services

To Whom It May Concern:

I am pleased to write this letter of recommendation in support of Ms. Adinoff's pursuit of employment with your organization. I supervised Ms. Adinoff as the Program Coordinator of RALLY, a mental health program of Mclean Hospital and Harvard Medical School in Boston, MA, from 2012-2013. I am currently a Prevention Program Manager at the Oklahoma Department of Mental Health and Substance Abuse Services.

As an Adjustment Counselor Intern, Ms. Adinoff was responsible for our direct service to students that included clinical note taking, one-on-one therapeutic mentoring, milieu in-class mentoring, and facilitating multiple skill building groups with students in the RALLY program. In the role of Adjustment Counselor Intern, Ms. Adinoff was required to build relationships with the adolescents' classroom teachers, paraprofessionals, and family members; in the bustle of a busy school day, she did so with unending patience and perseverance. Her professional attitude and appearance helped her gain the respect and openness of all of these groups. Ms. Adinoff has an easy relationship with the adolescents that she served and was able to build relationships quickly in the beginning of the school year. On occasion, a teacher, family member, or adolescent themselves would present a challenge to their rapport, Ms. Adinoff always responded with respect and would seek out appropriate assistance from me in guiding her next steps to therapeutically working through the relational challenges.

Ms. Adinoff consistently brought in pieces of her concurrent work at Harvard Graduate School of Education to enhance her practice. She would regularly share opportunities for an open workshop, film, or speaker series that would be topically relevant to the work of her colleagues at RALLY. Ms. Adinoff was collaborative and generous in her time with her colleagues as well as active in seeking her peers' suggestions and opinions about her clinical work. Ms. Adinoff was required to co-lead a number of groups and I observed her taking time to plan ahead and problem solve with her colleagues at all times, even under tight time constraints and the constant knowledge that an unplanned school assembly could knock all the preparation to nothing in a moment's notice. Ms. Adinoff used this collaborative posture to help shape her end of year project, a dynamic Google Calendar to be administrated by the Family & Partnership Council at her placement school. This calendar was built after completing a needs assessment of the placement school and consulting with key staff. The calendar is a lasting tool that continues to enhance the communication between families, staff, and the serving partners affiliated with the schools.

With regard to character, Ms. Adinoff is a trustworthy, dedicated individual. Ms. Adinoff is committed to growing in her professional skill set of counseling and program coordination as evidenced by her seeking feedback and preparing for tasks to increase their success. I recommend her without reservation and am happy to provide any additional feedback upon request.

Sincerely,



Savannah Kalman, M.S. MFT

Prevention Program Manager  
Garrett Lee Smith Youth Suicide Prevention  
savannah.kalman@odmhsas.org  
(405) 522 -3471  
(405) 550-1110